

Smooth Legs with Razor Shaving and Sensé

It is possible to shave your legs and end up with a nice, close shave with smooth skin and no razor burn. All you need is Rice Bran Polisher, Firming Body Nourisher or Nourishing Conditioner, which serves as an emollient shaving cream, a razor with a fresh sharp blade, and Sensé Night Renewal Replenishing Crème for the finishing touch.

For best results, follow these simple steps:

- Shave in the morning when legs are less puffy.
- Soak legs in warm water for a few minutes to open the follicles and apply the Rice Bran Polisher to exfoliate the dead layers of skin as directed for exfoliation. This gets rid of dead skin cells that could clog up your razor, and prevent a close shave.
- Apply a thin layer of Firming Body Nourisher on first leg and start shaving. Or you can use the Sensé hair Nourishing Conditioner if you prefer. Lightly wet leg if product starts to dry.
- Rinse razor off every few strokes under warm water to keep blades clean & clear of cream and hair for smooth shaving. When finished, repeat process with other leg.
- Rinse legs with cool water to remove any remaining cream from your legs and to close the pores.
- Lightly apply the soothing Night Renewal Crème for even softer legs.

Remember to keep the area to be shaved moist, not dry. You can substitute the Night Renewal with Firming Body Nourisher, but I recommend the Night Renewal for a calming effect after shaving.

Nothing is worse than putting on those summer shorts or a short dress, and realize your legs need to be shaved. You now have all the products you need right in your Sensé bag.

Have a Sensé-tional Day!

Bea Kinnear

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